



Bullying Prevention

Educational Resources in the ESN Prevention Library

Available on free, two-week loan from the Education Service Network Prevention Library to residents and professionals in Grundy, Kendall and Will counties only. Call (815) 941-3231 or stop in the ESN office in the Grundy County Administration Center, 1320 Union St., Morris.

Videos in VHS & DVD format

Best Friends, Worst Enemies: Socially Aggressive Girls (Syndistar, 2005, 17 min., VHS): Video examines the causes and effects of social aggression by girls, including sophisticated forms of bullying such as cyber bullying.

Bullies, Loners and Violence (AIMS Multimedia, 2003, 21 min., VHS & DVD): This episode from MTV's The Teen Files "Flipped" features two attractive high school bullies who learn the hard way how their attitudes and behaviors are impacting other students.

Bullies and How to Help Them (United Learning, 21 min., 1997, VHS): This video for grades 3 to 5 features brief, realistic vignettes which illustrate various types of bullying behavior frequently encountered at elementary schools and provide strategies for defusing a bully.

Bully No More: Stopping the Abuse (AIMS, 20 min., VHS): Video helps students in grades 6 to 12 learn how to keep from being a target of bullies, how to stop bullies and get them to help, and what to do if you are a witness to bullying.

Bully Smart (StreetSmart, 1995, VHS): This video helps parents teach their child how to use a 4-step personal safety system developed by StreetSmart to deal with bullies.

Bullying: You Don't Have to Take It Anymore (Human Relations Media, 22 min. 2003, DVD): This DVD and activity binder is designed to help Grades 7 to College learners understand and deal with the problem of bullying.

Cruel Schools (Discovery Channel School, 2004, 24 min., VHS): This video for 6th to 12th graders helps youth understand how bullying is the first step in a continuum of school violence that can escalate to murder.

PeaceTalks #4 Dealing with Bullies, Troublemakers, and Dangerous Situations (1997, VHS): Humorist and Youth Counselor Michael Pritchard teaches middle-schoolers to identify methods bullies use to intimidate others and offers solutions for coping with bullies.

Set Straight on Bullies (National School Safety Center, 1988, VHS): This videotape was created to help parents, educators, law enforcers, and other concerned citizens and students understand what bullying is and how it can be prevented.

The Bullying of Howard Gray (Blue Heron Press, 1998, VHS): The poignant and moving story of a man's memories of a fellow classmate named Howard Gray who had been bullied as a child—and how as an adult he sought to make it up to Howard. Suitable for all ages.

Curriculum Resources

Aggressors, Victims, and Bystanders (Education Development Center, 1994, Manual): This set of Teenage Health Teaching Modules for grades 7 to 12 provides adolescents with knowledge, skills, and understanding for the prevention of bullying. 12 sessions of background information and handouts are provided.

Bullying: You Don't Have to Take It Anymore (HRM Video, 2002, DVD): This curriculum kit for grades 7 to college includes a 23-minute DVD and a set of activity sheets and fact sheets.

No Bullying Program (Johnson Institute, Manuals): The No-Bullying Program has been designed to provide a research-based, educational model to deal with bully/victim violence in elementary schools. Session information and handouts are contained in a Program Director's manual and the following age-based manuals:

- Teacher's Manual for Kindergarten & Grade 1
- Teacher's Manual for Grades 2-3
- Teacher's Manual for Grades 4-5
- Teacher's Manual for Grades 6-8