



Educational Videos from the ESN Prevention Library

Education Service Network provides prevention videos on free loan for up to two weeks for residents and professionals in Will, Grundy, and Kendall counties of Illinois. Call 815-941-3441 for more information.

Elementary K-4

Donnie Dinosaur in "Alcohol Is Bad News" (*Syndistar 12 min., VHS*): Muppet-like characters act out educational video for early elementary students.

Cartoon All-Stars to the Rescue (*Buena Vista 30 min., VHS*): Popular cartoon characters help 9-year-old Corey deal with the fact that his brother is using drugs.

The Drug Avengers (*U.S. Dept. of Ed., 67 min. total, VHS*): Features 10 animated cartoons (four designed for grades 1, 2, and 3, five designed for grades 4, 5, and 6, and a common "pilot" episode.

Decide to Be Drug-Free (*Syndistar, 19 min., VHS*): Katie embarks on a magical journey that helps her make decisions and to say no to alcohol, tobacco and other drugs. For grades K-3.

Dusty the Dragon and Dr. Margie Hogan Talk About Tobacco (*ETR Associates, 11 min., VHS*): Teaches social resistance skills with a mix of animation, live action, and an anti-tobacco rap song.

Leader of the Pack (*Human Relations Media, 16 min., DVD*): This DVD and curriculum features the fantasy tale of Henry, a little boy who learns the dangers of smoking. Kit comes with activity and project sheets.

No-Puff Pals Vs. Big Tobacco, Inc. (*Fox Pro Media, 12 min., DVD*): Superheroes "Max, Sasha and Lance" teach the children of "Cleanfield" that Big Tobacco, Inc. uses fancy advertising to trick them into using tobacco products.

Prevention Television: Alcohol and Other Drug Prevention for Grades 3-5 (*Hazelden, 15 min., DVD*): This flashy and fast-paced program features the "PTV" television network lineup of game shows, talk shows, and video games that get kids laughing, talking, and thinking about prevention.

Saying No (*Live Wire Studios, 28 min., VHS*): Video #4 in the "You Can Choose" Series for grades K-4. Missie Mouse has to choose whether to say "no" to her best friend who is pressuring her to use cigarettes.

Middle School

Ad-Libbing It (*AGC, 17 min., VHS*): Provides a humorous and irreverent look at how advertising tries to hook young people on cigarettes and alcohol. Ages 11-15.

Don't Even Try It (*CHEF, 11 min., VHS*): This video uses realistic vignettes to give step-by-step examples of how to stay in control and avoid trouble with tobacco, alcohol, and illegal drugs.

Drug Facts: Straight Up! (*EVN, 90 min., VHS*): Movie star Louis Gossett Jr. portrays a guardian angel who seeks to educate a young boy about the pitfalls of drugs.

Inhalants: Are You Out of Your Mind? (*Syndistar, 8 min., VHS*): Attempts to prevent inhalant use by laying down the facts about what toxic fumes do to the body. Middle School & up.

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Middle School, continued

Red Ribbon Week: Working for a Drug-Free School & Community (*Bureau for At-Risk Youth, 17 min., VHS*): Youth counselor and comedian Michael Pritchard explains the meaning and origin of Red Ribbon Week and offers ideas and activities to help prevent drug abuse. Late elementary to Middle School.

Refusal Skills (*Syndistar, 12 min., VHS*): Teaches teens effective refusal skills that can be used to deal with peer pressure and avoid potentially harmful situations.

Saying “NO” to Alcohol and Other Drugs (*Live Wire Media, 30 min., VHS*): Volume 8 of the Big Changes/Big Choices video series featuring comedian Michael Pritchard delivers a thought-provoking look at ways teens can help themselves make healthy choices.

Smoke Signals (*Discovery Channel School, 24 min.*): In spite of all we know about the dangers of tobacco, teens continue to become hooked. This program explores three themes: the selling of tobacco to a new generation of savvy adolescents, the rise in tobacco sales including smokeless tobacco, and new trends in cigarettes. Part of the Reality Matters series (2003).

The Case of Cool Al: A Johnny Clue Mystery (*HRM, 13 min., DVD*): This DVD and curriculum takes students on an animated adventure through the eyes of a 12-year-old detective who discovers the truth about alcohol. Activity and fact sheets are included.

The Truth About Alcohol (*Sunburst, 20 min., VHS*): Provides middle school students with facts they need to know about alcohol.

This Is Your Brain on Alcohol (*Discover Films, VHS*): Charismatic high school students present to middle school students some groundbreaking information about the effects of alcohol on developing brains.

Tobacco—Smash It! (*Syndistar, 12 min., DVD*): Video raises awareness about tobacco’s deadly effect to the audience most targeted by tobacco companies—young people.

Tobacco: What About It? (*Marsh Media, 13 min., DVD*): When Janet confronts the question of whether to start smoking, she receives guidance from an intergalactic visitor who guides her through the process of decision-making, coaches her on assertiveness skills, and suggests healthy ways to cope with stress.



Junior High to High School

Adolescents and Marijuana: Getting a Life (*Hazelden, 13:39, VHS*): Video cuts to the core of marijuana attraction and the ultimate cost to the user on a physical, emotional, and spiritual level.

Alcohol: Drug Undercover (*Syndistar, 12 min., DVD*): Young people as narrators expose the truth about alcohol’s effect on young people, including the impact of media and advertising.

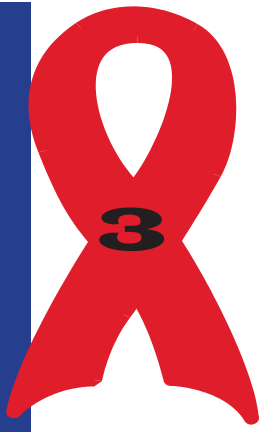
Brandon Tells His Story (*Century Council, 28 min., VHS*): Brandon Silveria was a 17-year-old high school student with a happy life and a promising future, until he made a bad choice about alcohol use.

Deadly Highs (*Discovery Channel School, 2004, 24 min.*): A new generation is experiencing addiction to drugs and alcohol that the modern world has made easily accessible. Segments focus on temptation, addiction, resistance, and tough decisions. Part of the Reality Matters series (2003).

Downfall: Sports and Drugs (*NCADI, 28 min., VHS*): Designed for students in grades 7 to 12 and appropriate for athletes and non-athletes. Shows how drugs hinder performance in many ways.

Ecstasy: First Pill or Last (*United Learning, 19 min., VHS*): Hard-hitting program dispels the myths about club drugs and tells the tragic story of one teenager’s death from Ecstasy or MDMA.

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Junior High to High School, continued

JAM: The Performance Edge (DHHS, 9 min., VHS): Designed to help teachers, coaches, and other youth leaders teach teens to perform better by staying drug-free.

Everyone's Not Doing It! An Alcohol Prevention Video (Hazelden, 12 min., VHS): Narrated by three teens, this video demystifies alcohol and challenges teens to think in

new ways about what they hear and to make their own decisions.

In The Mix—Alcohol: What You Don't Know (Bureau for At-Risk Youth, 30 min., VHS): Uncovers the myths and truths about alcohol's effects on behavior and driving skills, as well as binge drinking.

Marijuana: Vacancy—The Life of a Pot Smoker (Syndistar, 12 min., DVD): Young narrators describe negative physical and mental effects of marijuana and present evidence of its addictive nature.

Natural High 2 (Sundt, 2005, 20 min., DVD): Hosted by skateboard champion Tony Hawk, this video sends the message that the best highs come from a natural source—a life that's free of drugs and alcohol and filled with personal goals and challenges. Contains stunning sports clips, inspiring interviews, and an upbeat soundtrack.

Natural High 3 (Sundt, 2007, 20 min., DVD): This video celebrates music as a natural high and highlights the musical artists P.O.D., Switchfoot, Darrin Hensen, and Mya, who have a drug-free message for the youth of America.

Prescription for Trouble (Discovery Channel School, 24 min.): More kids than ever are abusing drugs they can find right in their own homes. Research shows that 4 million Americans aged 12 and over are using over-the-counter and prescription drugs for nonmedical reasons. This video shows how abuse of these drugs is addictive and dangerous. Part of Reality Matters series (2003).

Reality Check: A Marijuana Prevention Video (Hazelden, 13:30, VHS): Exposes teens to the reality of the physical, mental, and emotional dangers of marijuana.

Running on Empty: Teens and Meth (AIMS Multimedia, 23 min., VHS): Gritty video explains what meth is and how addictive and dangerous it is.

Staying on Track—An Alcohol Prevention Video (Hazelden, 15 min., VHS): Demystifies alcohol for teens. Teens learn about risks and realities of alcohol use, abuse, and addiction.

Straight Scoop: Kids Talking to Kids About Drugs (Media One, 26 min., VHS): Teenage "journalists," trained by media experts get the "straight scoop" about the impact of illegal drugs on young people.

The Real True and False About Alcohol, Marijuana, and Inhalants (Discover Films, 15 min., VHS): High school narrators lead middle school students through drug-specific sections by asking them "true-false" questions.

Truth About Drinking (AIMS, 46 min., VHS): Provides 6th through 12th graders with a realistic look at the consequences of alcohol use and abuse. Hosted by Leeza Gibbons.

Under the Influence (Discovery Channel School), 25 min., VHS): This program focuses on the deadly decisions that alcohol can often lead to, including car crashes, addiction, alcohol poisoning, and even death. Part of the *Reality Matters* series.

What's Wrong with Marijuana? (Human Relations Media, 27 min., VHS): This is a thought-provoking, documentary-style program with a simple message: using marijuana is unhealthy, dangerous, illegal, psychologically addictive, and emotionally debilitating. The program comes with student worksheets and discussion aids.

What's Wrong with Methamphetamine? (Discovery Films Video, VHS): This video combines first person accounts from methamphetamine abusers and interviews with medical and law enforcement professionals to convey a powerful message to students.

High School and Older

Alcohol and the Teenage Brain (*HRM, 19:32 min., VHS*): Video guide for parents and professionals presents the latest medical research on how alcohol impairs and damages the growing adolescent brain.

Acquaintance Rape, Drugs and You (*Syndistar, 18 min., VHS*): Uses excerpts from interviews, engaging graphics, and a young male and female narrator team to address many of the issues involved with dating and rape, specifically acquaintance rape.

A Stone's Throw (*FACE, 1994, 5:30 min., DVD*): This video explores the impact of adult attitudes and behaviors around alcohol use and its impact on youth attitudes and behavior. It gently encourages adults to look at their own expectations and actions with regard to alcohol and encourages them to use their individual and collective influence to create safer and healthier environments for young people to live and grow.

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Club Drugs: From Rave to the Grave (*Syndistar, 20 min., VHS*): Combines a true-to-life scenario with the testimonials of people who have seen firsthand the problems caused by club drugs.

Deadly Decisions (*NTSC, 16 min., VHS*): This film is for drivers aged 16-21 and focuses on impaired and aggressive driving, reminding young people that decisions made in an instant can last a lifetime.

Drinking, Driving, and Drugs: A Deadly Mix (*Syndistar, 20 min., DVD*): Video documentary includes moving first-person stories illustrating the profound dangers of driving under the influence.

Driving Drunk: Your Choice? (*NCADD, 19 min., VHS*): Focuses on four real-life situations where someone made the decision to drive drunk and shows the long-term effects of those choices.

Drinking & Driving (*AGC, 15 min., VHS*): Presents the true story of an 18-year-old youth who died in an alcohol-related accident.

Drunk Driving: A Collision Course (*Syndistar, 18 min., VHS*): Uses realistic situations to teach teens the consequences of drunk driving.

Drug Wars: Crank County (*Advantage Source, Inc., 2004, 24 min., DVD*): Video offers a comprehensive examination of the growing methamphetamine problem.

Drug Wars: Drugs of the Rave Culture (*Advantage Source, Inc., 2004, 23 min., DVD*): Eric Martin, one of the nation's leading experts on club drugs, discusses a wide array of substances, including ecstasy, methamphetamine, GHB, and ketamine.

Drug Wars: It Can Happen To You (*Advantage Source, Inc., 2004, DVD*): Follow the Sales Family as they deal with the lies, deceit, and violence of their son, who is caught in the grips of an addiction to a terrible new drug. This story shows that addiction can strike any family.

Drug Wars: Kickin' Butts (*Advantage Source, Inc., 2004, 24 min., DVD*): Did you ever want to quit smoking, but were afraid to? This video teaches you how to put out your last cigarette.

Drug Wars: Last Call (*Advantage Source, Inc., 2004, 26 min., DVD*): The sobering truth about drinking during pregnancy is shown in this powerful documentary about the leading known causes of mental retardation—Fetal Alcohol Syndrome.

Drug Wars: One Family's Battle (*Advantage Source, Inc., 2004, 24 min., DVD*): This video offers a great way to describe the dangers of drugs through the powerful story of one family's struggles to save a loved one from a heroin addiction.

Drug Wars: Prescription to Die For (*Advantage Source, Inc., 2004, DVD*): Think prescription drugs are safe? Find out by watching this DVD. Spanish audio channel option included.





High School and Older, Continued

Drug Wars: The High Times (*Advantage Source, Inc., 2004, 24 min., DVD*): This video provides compelling information on the real dangers of teen drinking.

Drug Wars: The New Marijuana (*Advantage Source, Inc., 23 min., DVD*): Eric Martin, a national expert on marijuana, expounds truth over myth as he answers familiar questions about this

addictive drug. He discusses marijuana's potential as a medical prescription and how changes in growing techniques affect the brain, heart, lungs, and immune system.

Drug Wars: Up Against the Stem (*Advantage Source, Inc., 2004, 23 min., DVD*): Teens tell their stories about how they became addicted to marijuana and the consequences that followed. A firsthand look at how they were affected physically, socially, and behaviorally.

Drug Wars: Who Will Cry for Our Children? (*Advantage Source, Inc., 2004, 26 min., DVD*): This eye-opening program discusses how drug abuse affects children, families, and communities, and what can be done about it. Ideal for health classes, parenting classes, and civic groups.

Ecstasy: First Pill or Last? (*United Learning, 19 min., VHS*): Research has linked MDMA, or Ecstasy, to long-term brain damage. This video warns young people about that and other dangers caused by this illegal drug.

Faces of Addiction (*HBO, 34 min., VHS*): Journalist Linda Ellerbee uncovers the faces of addiction amidst facts and figures of disease, violence, and death caused by substance abuse.

Heroin: The Real Deal (*Syndistar, 34 min., VHS*): Through interviews with addicts, addiction and prevention specialists, and family members who have lost loved ones to heroin, this video provides a hard-hitting look at the heroin problem facing our nation.

In the Know: Prescription Drugs (*Syndistar, 15 min., VHS*): Four young narrators work together to educate viewers about the unfamiliar but terrible risks of prescription drug abuse.

Keep Off the Grass (*Discover Films, 27 min., VHS*): Attacks the myth that marijuana is "harmless." Psychological dependence on marijuana causes a loss of motivation, energy, and memory, as well as a web of interpersonal problems.

Reflections from the Heart of a Child (*Hazelden, 1996, 30 min., VHS*): Vividly portrays the impact of chemical dependency on the family as three young lives are ravaged by a father's alcoholism and a mother's inability to cope.

This Is Your Brain on Tobacco: A Research Update (*HRM, 2009, 16 min., DVD*): This program takes viewers inside a brain lab to learn the latest research on the effects nicotine has on the brain. Students will gain a greater perspective of the dangerous addiction caused by tobacco. Includes activity sheets.

This Place (*FACE, 2005, 15 min., DVD*): This powerful movie challenges viewers to recognize the many ways that our society allows and even encourages children to drink alcohol. Furthermore, it demonstrates the power of ordinary citizens to take meaningful action that will change the culture of drinking in their communities.